#GettingToKnowDOS—Dr. Sherene Shalhub

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Sherene in costume for a murder mystery party Photo credit: Aaron Meyers Photography

Synopsis: What is your next travel destination?

Shalhub: I've got two really great trips coming up: a hiking trip in Chile then spending New Year's Eve with family in Dubai. A couple of years ago I made a New Year's resolution to spend each New Year in a different city, last year I spent it in London with my sister and that was very special.

Synopsis: Who makes you laugh the most?

Shalhub: My youngest sister! She gives a great perspective on life and usually has me laughing pretty hard on the phone. The murder mystery parties with my friends are quite hilarious as well! And I'll tell you a colleague who makes me laugh a lot: Ron Maier. I especially loved working with him in residency, he never fails to make me laugh!

Synopsis: Do you have a personal goal for the coming year?

Shalhub: Three goals: Visiting three new countries, committing to a yoga practice, and learning to ride a bike. I grew up in Saudi Arabia and in that time that wasn't something girls generally did or do for that matter.

Synopsis: What is your personal motto?

Shalhub: Life is too short so live every day with intention. I have been actively working on being very present.

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