# Dr. Daniel Ledbetter Runner-Up for AAMC Humanism in Medicine Nomination



Every year, the Association of American Medical Colleges (AAMC) honors a medical school faculty physician who exemplifies the qualities of a caring and compassionate mentor in the teaching and advising of medical students. The Arnold P. Gold Foundation Humanism in Medicine Award, administered

through the Organization of Student Representatives (OSR), is awarded to one physician faculty nationwide each year.

Dr. Daniel Ledbetter, Professor, Pediatric General Surgery at Seattle Children's Hospital, was a runner-up for University of Washington's School of Medicine (UW SOM) nomination. This year the UW SOM received nominations for over 50 faculty—it is truly an honor to be selected as a runner-up. Some of the students who nominated him shared:

"Dr. Ledbetter is the first doctor who has made me feel confident enough to be involved in making decisions at the bedside of a patient, he takes the time to be patient when asking for possible answers or ideas, and when they are wrong finds a way to still make me feel like I can try again next time."

"Dr. Ledbetter has been the most important teacher I've had during my medical school education. He teaches us patient care while exemplifying great bed side manner. [He] creates a caring environment for us to develop our clinical medicine skills. He teaches us things no book can... how to talk to patients and how to do it well."

"Dr. Ledbetter is a great mentor that creates a very safe space for learning and builds collaboration amongst his students. He is very knowledgeable and teaches by example, often pushing us so we can see how much we have learned. He provides very helpful feedback for improvement and helps us determine realistic goals to reach as we go through ICM2."

The Department of Surgery congratulates and thanks Dr. Ledbetter for his continued support of humanism in medicine at UW. The entire UW-WWAMI community benefits from his dedication to service, mentorship, and high-quality clinical practice.

# Honors, Awards & Publications

## Harborview Medical Center



Harborview team (left to right): Mark Zaros, MD, Mark Taylor, RN, Roxana Dumitru, PharmD, Ronald Pergamit, MPA, Joe Cuschieri, MD, Anneliese Schleyer, MD, Ellen Robinson, PT, and Kim Haves, RN.

**Harborview Medical Center** is one of eight hospitals nationwide recognized by the U.S. Centers for Disease Control and Prevention as Healthcare-Associated Venous Thromboembolism

Prevention Champions for their success in implementing innovative and effective ways to prevent venous thromboembolism in healthcare settings.

Venous thromboembolisms, or VTEs, are blood clots that form deep in the body (deep vein thrombosis), in the lungs (pulmonary embolism) or both. VTEs are a serious and growing public health problem and estimates suggest that up to 900,000 VTE events occur in the U.S. each year, resulting in as many as 100,000 premature deaths. VTE-associated healthcare costs may be as high as \$10 billion a year. People who are currently or were recently hospitalized, recovering from surgery or being treated for cancer are at increased risk for developing these deadly blood clots. About half of all VTE events are related to hospitalization or surgery.

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## Honors, Awards & Publications

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Harborview Medical Center received recognition from The American College of Surgeons Committee on Trauma for 35+ years of active participation and dedication to the Advanced Trauma Life Support (ATLS)® program.



**Faculty** 





Dr. Arbabi has been selected to receive the 2016 American College of Surgeons (ACS)/American Association for the Surgery of Trauma Health Policy Scholarship. This scholarship will enable Dr. Arbabi to attend the course "Leadership Program in Health Policy and

Management," offered by Brandeis University's Heller School in June 2016.

#### Eileen Bulger, MD

Dr. Bulger has been selected to receive the 2016 American College of Surgeons (ACS)/American Surgical Association Health Policy Scholarship. This scholarship will enable Dr. Bulger to attend the course "Leadership Program in Health Policy and Management," offered by Brandeis University's Heller School in June 2016.



Since 2004, the Heller School has offered an annual Leadership Program in Health Policy and Management for 30 to 35 physician and surgeon leaders partially sponsored by the American College of Surgeons and the Thoracic Surgery Foundation for Research and Education (TSFRE).

This intensive one-week program equips health leaders with the knowledge and skills essential for:

- Creating innovative and sustainable solutions to improve the quality, cost-effectiveness, and efficiency of health care service delivery, and
- Participating in health care policy and reform.

Program sessions and case studies offer the latest in national health policy and management frameworks. Program content is developed under the guidance of:

- Jon Chilingerian, PhD, program director and faculty, the Heller School, and
- Stuart Altman, PhD, former dean of the Heller School and Sol
   C. Chaikin Professor of National Health Policy.

The program draws on the unique strengths of the Heller School and the Schneider Institutes for Health Policy.

Nahush Mokadam, MD

The Society of Thoracic Surgeons (STS)
Executive Committee approved Dr.
Mokadam's appointment to their journal's editorial board for a three year term.



The Annals of Thoracic Surgery is the official journal of the STS and the

Southern Thoracic Surgical Association, two of the largest American associations in its specialty. First published in 1965, The Annals is an international, peer–reviewed journal that provides outstanding original coverage of recent progress in adult and congenital cardiovascular and chest surgery and related fields. This leading monthly receives over 3,500 manuscripts for consideration annually and maintains rigorous acceptance standards under the editorial leadership of Editor G. Alexander Patterson, MD and a distinguished editorial board.

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## Honors, Awards & Publications

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### Residents & Fellows



Brodie Parent, MD

Dr. Parent was awarded first place and \$500 for Best Resident Oral Paper Presentation at the Pacific Coast Surgical Association Meeting in Waikoaloa, HI. The title of his presentation was "Metabolomics: a novel method to trend therapy in critically-ill trauma patients."

Dr. Parent was published in the Journal of the American Medical Association (JAMA) for his project titled "Use of Metabolomics to Trend Recovery and Therapy After Injury in Critically Ill Trauma Patients." Metabolomics, along with genomics and the other "omics" is a tool that allows the simultaneous analysis of a large number of metabolic building blocks and end products. It offers the promise of a greater understanding of the local and systemic response to surgical stress and injury and the opportunity to fine tune or "personalize" patient care. This study documented the metabolomic response to injury, identified common changes, including early suppression of both catabolic and anabolic processes and characterized individual differences, such as variable persistence of a state of oxidative stress. These observations have led us to design new studies aimed to determine the effect of interventions on these metabolic processes and use these measures to improve patient outcomes.

#### Ravi Sood, MD

Dr. Sood has been selected to receive this year's Anita Roberts Award from the Wound Healing Society for the best paper published in Wound Repair and Regeneration by a young investigator.

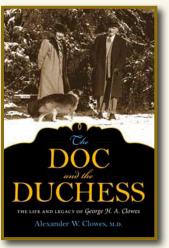


#### Gabriel Wallace, MD



Dr. Wallace is the recipient of 2016 AAS Outstanding Resident Presentation Award at the 11th Annual Academic Surgical Congress in Jacksonville, Florida. The research project presented was "The Use of Smart Phone Thermal Imaging for Assessment of Peripheral Perfusion in Vascular Patients."

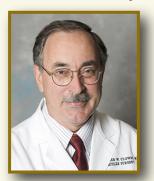
### The Doc and the Duchess



Dr. Alexander W. Clowes' book, "The Doc and the Duchess—The Life and Legacy of George H.A. Clowes" regarding the life of his grandfather, George Henry Alexander Clowes, was published by Indiana University Press in February 2016.

The book accounts George Henry Alexander Clowes who was a pivotal figure in the development of the insulin program at the Eli Lilly Company. Through his leadership, scientists and clinicians at Lilly and

the University of Toronto created a unique, international team to develop and purify insulin and take the production of this life-saving agent to an industrial scale. This biography presents his scientific achievements, and also takes note of his social and philanthropic contributions, which he shared with his wife, Edith. It tells the story of Clowes from his childhood in late Victorian England to his death at Woods Hole on Cape Cod in 1958.



Dr. Alexander W. Clowes (1946–2015), vascular surgeon, internationally renowned scientist in vascular biology, teacher and mentor, held the Gavora–Schilling Endowed Chair of Vascular Surgery at the University of Washington School of Medicine. Dr. Clowes was a Director and President of The Clowes Fund.

For more information on this book publication or to purchase, please visit Indiana University Press' site.