



Enjoying our new (ugly) Christmas sweaters. Pictured with husband, Dr. Shane Morrison, (R4), Division of Plastic Surgery

people do to make other people's lives easier. When these types of stories or videos pop up in social media they make me feel good and remind me that there are good people all around us and that we all can be more thoughtful and generous.

**SS:** Do you have a favorite restaurant? **KB:** **Bar del Corso** on Beacon Hill. It's a really nice, neighborhood restaurant that serves delicious, rustic Italian dishes. Their wood-fire oven was featured in Food & Wine a few years ago. It's so good that it's super-packed on weekends and unfortunately they don't take reservations. It's our go-to for date night.

## THIS OR THAT

- Hot or cold weather? **Cold**
- Sweet or savory? **Savory**—Crackers or chip? **Chips**
- iPhone or Android? **iPhone**
- Tablet or Desktop? **Desktop**
- Tea or coffee? **Coffee**
- Text or call? **Text**
- Cats or dogs? **Cats**
- Movie or book? **Movie**
- Mountains or beach? **Beach**
- Cardio or Weights? **Cardio**
- Big Party or Small Gathering? **Small gathering**
- Facebook or Twitter? **Facebook**
- Online Shopping or Shopping in a Store? **Online shopping**
- At a movie: Candy or Popcorn? **Candy**
- Pancake or Waffle? **Waffle**
- Movie at Home or Movie at the Theater? **Movie at home**
- City or Countryside? **Countryside**

## Honors, Awards & Publications

### Faculty

The UW Medicine Patients are First Reward & Recognition Committee and the UW Medicine Cares Award Committee at the University of Washington Medical Center commend and congratulate Dr. **Saurabh Khandelwal**, Associate Professor, Division of General Surgery, for being selected as one of the Spring 2018 Cares Award provider recipients. This award is based on UW Medicine's Service Culture



Khandelwal

Guidelines, which are: *respect privacy and confidentiality; communicate effectively; conduct myself professionally; be accountable; be committed to my colleagues and to UW Medicine.*

The nomination for Dr. Khandelwal reads:

*"Dr. Khandelwal is a dedicated and compassionate provider whose attention to details and follow through saved my life. I work here, but I am also a patient. I had a rare complication from weight loss surgery known as a Peterson's hernia a few months ago, and if it were not for his knowledge and encouragement when it was discovered, I might have delayed treatment even further for a surgery that requires*

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# Honors, Awards & Publications

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*immediate attention. All of his team contributed to my care by the most efficient and tactful methods to get me the best outcome possible. I work here because of doctors like Dr. Khandelwal that do good work because of the lives they impact, and not just for the reimbursement. On the day of the surgery, he squeezed me into the end of his surgery schedule on a Friday afternoon for what he thought was going to be a short 45 minute surgery that ended up taking over 6 hours. The way he practices medicine is a model for the next generation of surgeons, and his humble manners and attention to detail deserve recognition. I am grateful to him for saving my life, but if this award is for work ethics and modeling good behaviors in the workplace, I can't think of anyone more impactful to patient outcomes and the culture."*



Dr. **Lorrie Langdale**, Professor & Chief, Section of General Surgery, Veteran's Affairs, Puget Sound Health Care System, received the 2018 UW Medicine Award for Excellence in Mentoring Women Faculty. This award recognizes that School of Medicine faculty and trainees benefit significantly from the efforts of faculty mentors, and that the exceptional success of the UW Medicine enterprise in the areas of education, clinical care and

research, derive from the immeasurable and critical contributions of our faculty mentors. Attributes of excellence in mentorship include a long-term commitment to mentoring and faculty development, wise counsel, and encouragement of mentees to develop autonomy as faculty members and independent scholars. The award also seeks to recognize those who are proactive in creating the next generation of leaders and mentors.

Excerpts from Dr. Langdale's nomination letters:

*"I will point out some of Dr. Langdale's accomplishments that set a foundation for her consideration for a mentorship award. One relevant factor is the period of time that Dr. Langdale has been on faculty at the University of Washington. In her thirty plus years on faculty, Dr. Langdale has provided not just a depth of student and resident exposure and mentorship, but also a breadth in terms of the amount of time and the consistent dedication over thirty years to the development of women in medical school and women in residency, particularly in surgical residency. The Department of Surgery has an annual teaching award given from the residents to the faculty for the most outstanding educator across a surgical faculty of 8 divisions and approximately 120 faculty members. This John K.*

*Stevenson Teaching Award is a high honor for any of our individual faculty to receive. Dr. Langdale has received this from our residents two times, representing her incredible commitment to resident education and our own resident's recognition of her value as a mentor and educator."* — Dr. **Douglas Wood**, The Henry N. Harkins Professor and Chair

*"She serves as a role model and as a leader in several regional and national surgical societies including serving as President of the State chapter of the American College of Surgeons, President of the Seattle Surgical Society, Education Pillar lead for the ACS Board of Governors and Treasurer of the Shock Society. She has paved the way for women in surgery seeking leadership opportunities and has been a resource for me in navigating the politics of academic medicine. We frequently attend the American College of Surgeons meetings together where she was instrumental in introducing me to key leaders and providing networking opportunities."* — Dr. **Eileen Bulger**, Professor & Chief, Trauma, Division of Trauma, Burn & Critical Care Services

*"Dr. Langdale has always been revered as an excellent clinician and surgeon and as one of only four female full professors in our department she is naturally looked to as a role model. However, what sets Dr. Langdale apart is her unwavering support of junior faculty both clinically and professionally. I am the only full time thoracic surgeon at the VA Puget Sound, which when I started two years ago seemed rather daunting and at times isolating. Prior to my first day at work Dr. Langdale pulled me aside to tell me that I should never feel alone. That she was always available for help or to talk something through. Since then she has become my sounding board for tough clinical questions, career development and when I just need someone to talk to. I am so fortunate to have Lorrie as a mentor, colleague and friend. I know my career will be the better for it and I only hope I can be as helpful to my future mentees as she has been to me."* — Dr. **Kathleen Berfield**, Assistant Professor, Division of Cardiothoracic Surgery

*"I first came under Dr. Langdale's wing when I was an intern. During my first rotation as a resident she thoughtfully provided me with accurate, pointed, criticism of my behavior, and delivering this constructive criticism in such a genuinely caring way that the message was transformative, without any associated hard feelings. She has organized several wellness / team-building events for residents where she has funded from her own pocket group Pilates classes. Even among busy surgical residents these classes are*

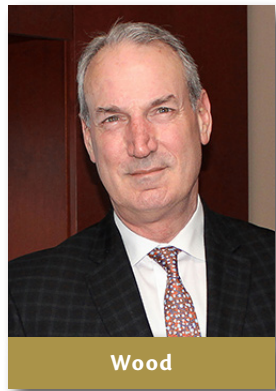
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*well-attended because of the unanimous adoration of Dr. Langdale by the residents. While on research Dr. Langdale was the co-PI on several of my projects. She was invariably responsive, thoughtful, and thorough in her critique of project plans and manuscripts. She was ready and willing to utilize her well-established national-level contacts within professional societies to further our projects and help me to accomplish my goals.”* – Dr. **Lacy LaGrone**, General Surgery Chief Resident



Wood

Dr. **Douglas Wood**, *The Henry N. Harkins Professor and Chair*, was elected honorary member of **Women in Thoracic Surgery** at the 2018 American **Association for Thoracic Surgery** annual meeting. This honor is to commemorate his commitment to the promotion of women in surgery and in cardiothoracic surgery.

## Residents and Fellows



Ehlers



Maier



Sinanan

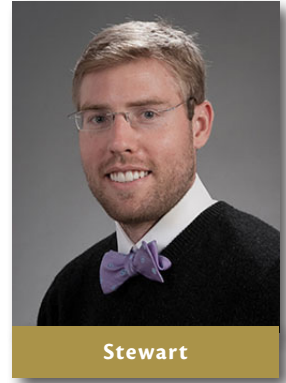
Dr. **Anne Ehlers**, General Surgery Chief Resident, received the **American College of Surgeons' (ACS)** 2017 Rising Star award. Dr. Ehlers was nominated by American College of Surgeons Professional Association PAC (ACSPA–*Surgeons-PAC*) Board members Drs. **Ronald Maier**, Professor and Chief of Trauma, Burn & Critical Care Surgery, Surgeon-in-Chief, Harborview Medical Center, and **Mika Sinanan**, Professor, Division of General Surgery. This award is in recognition for Dr. Ehlers' work to advance the College's advocacy and political efforts.

The ACSPA–*SurgeonsPAC* is governed by an appointed executive board which aims to support an advocacy agenda for surgeons and their patients across specialty lines. Through an interactive grassroots, educational and political investment program, ACSPA–*SurgeonsPAC* and its members provide

financial support to candidates for Congress who will serve as champions for surgery's legislative and health policy priorities on Capitol Hill. ACSPA–*SurgeonsPAC* was established by the ACSPA in October 2002.



Stadel



Stewart

In May 2018, Drs. **Ehlers, Kate Stadel**, research resident and **Barclay Stewart**, General Surgery Chief Resident, will attend the **ACS Leadership and Advocacy Summit** in Washington, D.C. The meeting will focus on leadership development, as well as key issues facing surgeons and their patients. In addition, there will be specific events focusing on issues affecting Resident and Associate members of the ACS and Washington State. Their final day will be spent meeting with Senators and House Representatives to discuss advocacy initiatives supported by the ACS. Their travel is supported by the ACS and the Department of Surgery. This is the third year in a row that UW Surgery residents have attended this important meeting.

Dr. **Katherine Flynn–O'Brien**, General Surgery Chief Resident, has been named "Outstanding Consultant of the Month" at the University of Washington Medical Center. Dr. Flynn–O'Brien was nominated by an attending faculty member for exhibiting excellence in education for the primary patient care team, patient education, communicating personally, quality of recommendations and working collaboratively. *"Katy was extremely helpful in providing management recommendations and coordinating with the HMC Burn Center regarding a complex patient with severe frostbite, which is not something UWMC surgeons have expertise with."*



Flynn–O'Brien

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Miranda

Dr. **David Miranda**, General Surgery R2, received the first **Surgical Infection Society's (SIS) Sawyer Award**. This new award recognizes trainees for their outstanding abstract submissions, provide the means for trainees to attend the SIS Annual Meeting, and network with members of the society. Dr. Miranda will be accepting the award and presenting his paper "Examining Healthcare Utilization After Use of a Mobile App for

Wound-care Follow Up in the Emergency Department (ED)" at the 2018 38th Annual SIS Meeting.

Dr. **Robert Tessler**, visiting General Surgery resident and T32 post-doctoral fellow at the **Harborview Injury Prevention and Research Center (HIPRC)**, was selected by the Department of Epidemiology as the UW School of Public Health's (SPH) 2018 Outstanding Master's Student. This award recognizes exemplary staff, faculty and students for their dedication, service, and many contributions to SPH.



Tessler

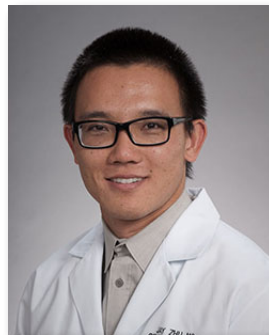
Over Dr. Tessler's two-year fellowship, he completed a Master of Public Health in Epidemiology and Global Health. His research interests include investigations of public policy and firearm violence, race and bias motivated interpersonal violence, trauma systems, emergency general surgery, and trauma care in low- and middle-income countries.

Dr. Tessler will be honored for this recognition at the UW School of Public Health's Excellence Awards event in May 2018.

## Department of Surgery Residents Receive High Score for Association of American Medical Colleges Conference Abstract

Department of Surgery residents Drs. **Jay Zhu**, research resident, **Kate Stadel**, research resident and **Andrew Ludwig**, General Surgery R3, along with **Kathryn Harris**, ARNP, Teaching Associate in the Division of General Surgery, received a high score for their abstract submission to the Association of American Medical Colleges (AAMC) conference:

"Improving Interdisciplinary Communication: Standardizing Nightly Huddles Between Surgery Night Float Residents and Acute Care Nurses"



Zhu



Harris

Poor communication plays a critical role in medical errors leading to patient injury and death, while also increasing dissatisfaction among the members of a healthcare team. At UWMC, there was concern that the surgery night float rotation was often receiving inadequate handoff communication while also participating in a culture that relies heavily on pager-based messaging. Through an interdisciplinary collaborative effort led by **Jay Zhu**, **Kate Stadel**, **Kathryn Harris**, and **Andrew Ludwig**, the night float rotation implemented standardized evening huddles to bring together the night float resident and the nursing staff on acute care surgical floors for nightly face-to-face discussions. The goal was to improve the communication of patient care plans while enhancing teamwork between the physician and nursing teams. This initiative was first piloted at UWMC surgical acute care unit 4NE, and has since expanded to a second unit, 7SA. The response from both residents and nurses has been overwhelmingly positive. Through survey responses, nurses have indicated that they better understand the general surgery team's plan while also rating overall communication as being improved following the implementation of nightly huddles. Furthermore, more nurses were also able to identify their current night float resident on a face sheet. Currently, the team is looking to establish similar huddles in other specialties and to expand this practice to Harborview Medical Center. A special thanks is extended to nurses **Traci Morgen**, **Patricia Berg**, **Jonathan Jimenez**, and **Michael Rositzke** for being incredible partners in this effort to improve patient care.

They have been invited to give an oral presentation and Dr. Zhu will be presenting their work at the **2018 AAMC Integrating Quality Conference**.