

FACULTY CLINICAL HIGHLIGHT—DR. NICOLE ZERN



Dr. Nicole Zern

Roosevelt Thyroid Nodule Clinic Opens

The Department of Surgery is proud to announce the grand opening of the Thyroid Nodule Clinic this August.

The Thyroid Nodule Clinic is located at the UW Roosevelt Clinic and is the result of the hard work and collaborative efforts of the UW Endocrine Tumor Program, a group comprised surgeons, endocrinologists, pathologists and otolaryngologists. This multidisciplinary clinic offers patients the opportunity to meet with an expert thyroid clinician, undergo fine needle aspiration (FNA) of the thyroid nodule, and obtain results all within one same-day clinic encounter. This streamlined patient experience is unique to the Pacific Northwest.

Thyroid cancer is now the 9th most common malignancy and is being diagnosed more frequently, in part due to increased detection. While the 5-year survival rate for people with thyroid cancer is high (~98%), patients can suffer from recurrence of their disease even after many years.

Endocrine surgery is a very specialized field dedicated to the management of endocrine diseases of the neck and abdomen. Endocrine surgery encompasses care of thyroid, parathyroid, adrenal and pancreatic disease, both benign and malignant.

There are currently only four American Association of Endocrine Surgeons (AAES) members in Washington State, including Dr. **Nicole Zern**, Assistant Professor in the Division of General Surgery, who joined the Department of Surgery faculty in 2016. Dr. Zern completed her general surgery training at UW followed by fellowship training at the University of Sydney in Australia, during which time she performed over 300 operations on the thyroid, parathyroid and adrenal glands.

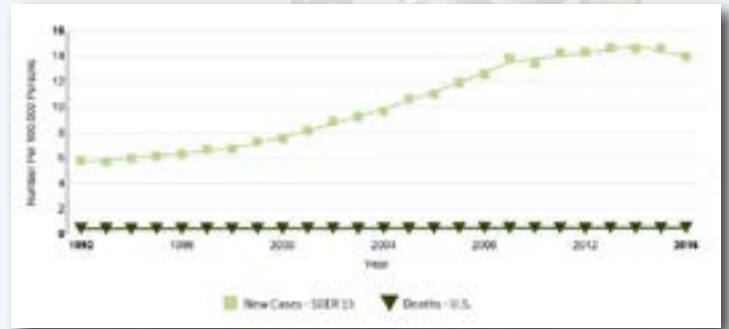


Figure 1. SEER data showing new thyroid cancer cases and deaths in United States, 1992-2016 (<https://seer.cancer.gov/statfacts/html/thyro.html>)

If you have a patient with a thyroid nodule or endocrine disorder, or have questions about the new Same-Day FNA Clinic, please feel free to contact Dr. Zern directly at nkzern@uw.edu.

DEPARTMENT OF SURGERY—IN THE MEDIA



Dr. **Eileen Bulger**, Professor & Chief of Trauma, Division of Trauma, Burn & Critical Care Surgery

UW Medicine | The Huddle | June 3, 2019

SFD recognizes Harborview team for saving drowning victim

UW Medicine | The Huddle | August 7, 2019

A public health approach could address gun violence

The Seattle Times | Editorials | August 14, 2019

Tap know-how to prevent firearm deaths



Dr. **Judy Chen**, Assistant Professor, Division of General Surgery

KING5 News | July 25, 2019

Metabolic surgery may help those with Type 2 Diabetes

UW Medicine | Newsroom | August 27, 2019

Bariatric surgery for teens coming into mainstream



Dr. **Nicole Gibran**, Associate Dean for Research and Graduate Education for Harborview Medical Center, David and Nancy Auth Endowed Chair for Restorative Burn Surgery, and Professor in the Division of Trauma, Burn & Critical Care Surgery

The Stranger | June 26, 2019

UW researchers unite to salvage their work after radiation leak shuts down their labs

DEPARTMENT OF SURGERY—IN THE MEDIA



Dr. **Joseph Gruss**, Professor Emeritus

American Society of Plastic Surgeons | July 2, 2019

Remembering Joseph S. Gruss, MB, BCH



Dr. **Billie Hwang**, Research Scientist,
Division of Cardiothoracic Surgery

Science in Seattle | April 24, 2019

**Dr. Billie Hwang Talks Exosomes and
Lung Ischemia Reperfusion**



Dr. **Kari Keys**, Associate Professor,
Division of Plastic Surgery

UW Medicine | The Huddle | June 28, 2019

**As July 4 nears, remember:
Fireworks are explosives**



Dr. **Mike Mulligan**, Professor & Chief,
Division of Cardiothoracic Surgery,
Section Chief, Thoracic Surgery

UW Medicine | Newsroom | August 7, 2019

**UW Medicine milestone:
1,000 lung-transplant recipients**

Ivanhoe | August 7, 2019

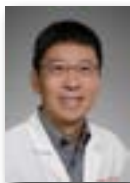
Blood Clots and Birth Control



Dr. **Tam Pham**, Director, HMC Burn
Center, Professor, Division of Trauma,
Burn & Critical Care Surgery

UW Medicine | The Huddle | August 7, 2019

Rising beyond the scars



Drs. **Raymond Yeung**, Professor,
Division of General Surgery and
Kimberly Riehle, Associate Professor,
Division of Pediatric General Surgery

UW Medicine | Newsroom | July 3, 2019

**Treatment target pinpointed for
liver cancer in young adults**



Dr. **Robert Sweet**, Professor,
Department of Urology, Executive
Director, WWAMI Institute for
Simulation in Healthcare (WISH),
Director, Center for Research in
Education and Simulation Technologies
(CREST), Medical Director, UW Medicine
Kidney Stone Center

UW Medicine | The Huddle | August 1, 2019

**Exposing young minds to
science and medicine**



Drs. **Nicholas Vedder**, Professor, Chief
of Division of Plastic Surgery and **Peter
Neligan**, Professor & Chief, UWMC
Center for Reconstructive Surgery

UW Medicine | The Huddle | August 29, 2019

**10 years after boating accident,
teen gets final surgery**

SAVE THE DATES

2019 Harkins Symposium and Strauss Lecture

Friday October 11, 2019,
7:00am-5:00pm, Health
Sciences Building, Hogness
Auditorium, Room A-420

More information:
dosadmin@uw.edu
206-543-3680

2020 Research Resident Symposium & 26th Annual Helen and John Schilling Lecture

Friday March 13, 2020,
Time and Location TBA

More information:
dosadmin@uw.edu
206-543-3680

Department of Surgery Monthly Grand Rounds

First Wednesday of each
month, 6:30am-7:30am,
Health Sciences Building,
Room K-069

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