The 2021 Research Day & 26th Annual Helen & John Schilling Lecture was held in March and included a series of virtual research symposiums over three separate sessions.

This year’s guest presenter was Dr. Robin S. McLeod, Professor in Department of Surgery and the Institute of Health Policy, Management and Evaluation, and Vice Chair of Quality and Performance at University of Toronto. Her presentation was titled “Implementing an Enhanced Recovery After Surgery Program.” Dr. McLeod's clinical and research interests include colorectal cancer, inflammatory bowel disease, evidence-based medicine, quality and knowledge translation. She has led a number of multicenter clinical trials and quality initiatives and has authored over 350 peer reviewed articles and 50 book chapters. She is also the founding Chair of Evidence Based Reviews in Surgery, an internet journal club jointly sponsored by the Canadian Association of General Surgeons & American College of Surgeons.

The research symposiums included 30 presentations by Department of Surgery (DOS) residents and fellows on a wide variety of basic and clinical research topics. The presentations were ranked by DOS research leadership on scientific merit and validity, presentation skills, and preparedness for questions and comments from the audience.

Congratulations to the top presenters:

**First Place**

Dr. David Droullard
Research Resident
"Assessing The Impact Of Diverticulitis On Quality Of Life Over Time"

**Second Place (tie)**

Dr. Alex Lois
Research Resident
"The Use And Safety Of POEM And Other Definitive Management Strategies For Achalasia"

Dr. Irene Zhang
Research Resident
"Americans' Perspectives On Opioid Minimization After Surgery And The Impact Of Surgeon Messaging"

**Third Place (tie)**

Dr. Mariam Hantouli
Postdoctoral Research Fellow
"Acute Cholecystitis During Pregnancy: When And Should You Operate?"

Dr. Dara Horn
General Surgery, R4
"HLA-A Locus Is Associated With Sepsis And Septic Shock After Traumatic Injury"

Dr. Alan Utria
Pediatric Surgery Research Fellow
"Urea Cycle Dysregulation In Fibrolamellar Carcinoma"

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